ONE TEACHER WRITES

Thank you for a good program once again. I've now attended the si-fra-program several times, and I'm equally impressed every time. What's so good about the program?

- It's no moral preaching like the ones we parents often use. It's structured such that students have to think for themselves. Students are encouraged to respond honestly to questions put to them regarding traffic and behaviour in traffic, and they answer honestly.
- During the program they are encouraged to express what they feel or think that they would have done in certain situations. They express themselves by gathering in groups in the classroom. This is a great way to do it, everyone gets to express what they think, and you see the distribution of students, how many people think one thing or the other, but then comes the super educational: The students are presented with a small change in the given situation, which often causes them to change their stance. This makes them think through situations then and there and provides opportunities for reflection.
- The program is based on research that is put into everyday situations which we all recognize. The students I have observed in this program have always been engaged and have paid attention the entire time. Today the instructor, Bjørn, thought he had two hours at his disposal. The school had set aside three hours. We asked the students if they wanted another hour, and they all said yes without a second thought.
- 4. Beyond learning to speak up in traffic, the students also learn a lot about communication among themselves, and they learn a lot about themselves and their personality.

Why is this project so important?

- 1. It goes without saying that it is important to prevent accidents among youth. The important thing about this project is that the students, who are also friends in their spare time, have a shared experience that they can refer to, or that everyone thinks about, in a situation where it may be necessary to speak up. Simply put, they've spent a few hours thinking together.
- 2. Students learn to speak up clearly. You have to be direct and tell them clearly. You can also use various excuses if nothing else works. You can pay your taxi driver in a foreign country extra to drive carefully. Very useful knowledge.
- 3. This is serious business. The youths are reminded about the dangers of speeding. They are reminded that many are affected if something happens to them.

For my own part I would say that this project for me has had a positive effect. I have become more conscious of keeping speed limits, etc. As a father, I would say that there are two things I'm afraid of when it comes to my children. One is that they are involved in a traffic accident, and the other is that they are exposed to a drug environment. Both are addressed in this campaign.

As a teacher and a father I'd say that the You decide!-program is the best we can spend our time at school on.

With regards Geir Ivar Skjevdal Stange high school.